



809 E OAK ST. Suite 201, KISSIMMEE FL. 34744  
PH: 407-703-3300 | FAX: 407-703-3302  
DR. VINAY KATUKURI

**\*\*SURGICAL CENTER WILL CALL YOU 24 - 48 HR PRIOR  
THE PROCEDURE WITH YOUR ARRIVAL TIME\*\***

### **Instructions for UPPER ENDOSCOPY (EGD)**

- ✓ **Do not eat or drink anything after mid-night, on the night before the procedure.**

#### **Medications:**

- ✓ Five (5) days before the procedure **STOP** all blood thinner medications, such as **Aspirin, Plavix, Celebrex, and NSAID'S** (Advil, Aleve, Ibuprofen, Excedrin, Motrin, Naproxen) unless directed by your physician. Take **Tylenol only** if needed. Also stop all fiber supplements, iron tabs, high fiber diet and all oil-based meds (Fish Oil, Krill Oil, Cod Liver Oil). Provider will instruct you on restarting your medication depending on the procedure finding.
- ✓ If you are taking **WARFARIN (COUMADIN)**, make sure you have discussed this with the doctor.
- ✓ Make sure you take all your regular medications, as per your usual schedule, even the day of the procedure just with a sip of water.

#### **Diabetic:**

- ✓ **INSULIN** – take only ½ the dosage of insulin the night before the procedure and no insulin the morning of the procedure.
- ✓ **DIABETIC PILLS** – do not take the diabetic pills the night before or the morning of the procedure.

Note: If you have prosthesis, such as an artificial heart valve, please notify our office.

**MAKE SURE YOU HAVE A DRIVER TO TAKE YOU HOME AFTER THE PROCEDURE.**

**Please be prepared to stay at the center 3 to 4 hours, including possible delays.**

**\*\*IF YOU HAVE ANY QUESTION, NEED TO CANCEL OR RESCHEDULE  
PLEASE CALL OUR OFFICE AT 407-703-3300, if you no show or cancel your appointment without  
48hr noticed you will be charge \$150\*\***